

**2011 SQSA Summer Camp Information**  
8:45am – 4:15pm July 18<sup>th</sup> – July 22<sup>nd</sup>, 2011

**This year, camp will be held at BRECK ANDERSON ICE ARENA, 4210 Olson Memorial Highway, Mpls, MN 55422.**

**Camp will begin promptly at 8:45AM each day. There will be a 15 minute informational meeting for parents from 8:30 – 8:45AM on Monday, July 18, 2011.**

**This camp is recommended for skaters between the ages of 4 – 18, that are skating between the levels of beginner and Freestyle 9. We will be offering two levels of camp this year: “Skating Arts” (skate school levels) & “World Class” (upper levels, who will be competing at Worlds the following week).**

**Proper equipment (for on ice / off ice activities) is required.**

- Leather skates
- Gloves / mittens
- Skate Guards
- Tennis shoes
- Athletic clothing (Please make sure your child dresses in layers, as the rink is cold, but we will be doing off ice activities both indoors and outdoors). You will want to make sure that your child has a short sleeve shirt on underneath his / her warmer clothing.

**Skaters are responsible for bringing their own lunches and snacks.**

We will have two snack breaks and a lunch break each day. Please plan accordingly and pack a lunch, along with two snacks, for your child each day of camp.

**Camp activities will include: (activities will not necessarily be held in this order, or on every day)**

- Warm up exercises
- Off ice dance / stretch
- On ice Power skating class
- On ice Jumps / spins
- Off ice Jumps
- Performance practice
- On ice music interpretation
- Exhibition practice
- Competition Preparation
- Video Analysis

☐ Cost of the camp is \$350.00. Early Bird Special is \$325.00, and must be post marked no later than June 1, 2011. Please make check out to SQSA. Mail to / drop off at:  
Parade Ice Garden, Attn: Raleigh Weld  
600 Kenwood Parkway  
Mpls, MN 55403

**This camp features on ice and off ice activities, designed to help introduce and grow your skater in the multifaceted sport of figure skating!**

Any questions regarding SQSA Summer Skating Camp  
should be directed to Page Lipe, at [plipe@sqsaparade.com](mailto:plipe@sqsaparade.com), or Raleigh Weld, at [rweld@sqsaparade.com](mailto:rweld@sqsaparade.com).