



SPRING 2015 Learn to Skate Program

6 week session begins March 31, 2015

PARADE ICE GARDEN MINNEAPOLIS, MN

Tuesdays 5:00PM- 6:30PM 3/31, 4/7, 4/14, 4/21, 4/28, 5/5

Class Descriptions:

Junior Competitive Edge: the object of this class is to educate young / new skaters on subjects such as club skating, competitions, test sessions, and overall skating proficiency.

Tots : Basic skating / standing skills.

Pre-Alpha : Two foot glides, one foot glides, forward swizzles, backward swizzles, and backward wiggles.

Alpha: Forward stroking, forward crossovers (L&R), snowplow stop.

Beta: Backward stroking, backward crossovers (L&R), T-Stops (L&R).

Gamma / Delta: Mohawk patterns, hockey stops, outside 3 turns, inside 3 turns, forward edges (inside & outside), shoot the duck, lunge, & bunny hope.

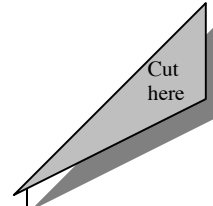
- Beginner skaters are encouraged to wear GOOD, LEATHER FIGURE skates. **SKATES MAY BE RENTED FROM PARADE ICE GARDEN. No double blades.**
- Classes are filled on a first come, first served basis.
- No refunds, unless class is cancelled due to low enrollment.
- Skaters will be evaluated on the first day of class to ensure that they have been registered for the proper level.
- On the last day of the 6 week session, a recommendation will be made as to which class skaters should sign up for in the fall.
- Skaters are encouraged to wear helmets (bike helmets are fine).

**ALL SPRING CLASSES HELD IN THE STUDIO RINK, at PARADE ICE GARDEN
600 KENWOOD PARKWAY, MINNEAPOLIS MN 55403
(JUST WEST OF THE MPLS SCULPTURE GARDEN AND WALKER ART CENTER)**

I HAVE SIGNED UP FOR Class Level _____ Time _____

Keep this half for your records.

Please refer to the above list for days in which classes are held.
Check www.sqsaparade.com for updates. Contact Rita Goodman at sqsaparade@gmail.com with any questions!



Return THIS HALF with payment. Keep the other half for your records.

Class Level	Day/Time offered	Cost for 6 week session	Check to sign up
* Junior Competitive Edge	Tues5:00-5:30pm	\$96.00	
Tots OR Pre Alpha (circle one)	Tues5:30-6:00pm	\$72.00	
Alpha	Tues6:00-6:30pm	\$72.00	
Beta	Tues6:00-6:30pm	\$72.00	
Gamma / Delta	Tues6:00-6:30pm	\$72.00	

* The Junior Competitive Edge is for skaters that are Beta level and above, AND / OR, skaters that have participated in Pixies.

Complete this form and return with payment. **Make checks payable to SQSA PARADE.** Please keep the remainder of the registration material for your records and for confirmed dates & classes. Thank You.

Skaters Name: _____ Date of Birth: _____

Skaters Age: _____ Parent/Guardian Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

*Email Address: _____

*All skate school reminders and information are communicated via email, so please list an email at which you can be contacted.

I skate in this class at my own risk, and hereby release ISI, the host facility and their officers, directors, instructors, and personnel, from all liability. I declare that the information above is true.

Signed: _____ (parent/guardian) Date: _____

Send this form and full payment to:

SQSA Parade

Care Of: Rita Goodman

600 Kenwood Parkway

Minneapolis, Minnesota 55403

Email: sqsaparade@gmail.com