

INSIDE EDGE

SQSA PARADE FIGURE SKATING CLUB, PARADE ICE GARDEN, 600 KENWOOD PKWY, MPLS, MN 55403

INTRODUCING ... SQSA PARADE'S 2013-14 SKATING TEAMS!

Each year SQSA Parade encourages skaters to join a skating team! The SQSA team program varies from year to year depending upon the number of participants and the levels of the skaters. This year we have two teams. One will compete and perform as a large production team, and the second as a small production team. Team skating is a great way to get to know your club members better and have fun practicing and performing as a group!

LARGE PRODUCTION TEAM



SMALL PRODUCTION TEAM



(See Page 3 to find out more about our Skating Teams!)



* Summary of major events.
See website **CALENDAR** for
complete club schedule *

Feb 27: Spring Ice Contract Due

Feb 28–Mar 2: Blades of March (BOM)
ISI Competition

Mar 3: No contract Ice (BOM Recovery Day!)

Mar 4: SQSA Spring Contract Ice Begins

Apr 8: Spring Ice Show - Digital Ice Practices
Begin!

Apr 9: Spring Ice Show - Digital Ice Picture
Night

Apr 24: Spring Ice Show - Digital Ice Dress
Rehearsal

Apr 25-26: Spring Ice Show - Digital Ice
Performances

May 4: Stars on Ice, Club Event 4:00pm

May (TBD): Roseville Open USFS
Competition

June 9: SummerQuest Begins

June 20-21: Braemar USFS Competition

June 8: SQSA Parade Club Banquet at
Interlachen Country Club

July 14-18: SQSA Summer Skate Camp at
Breck

July 18-20: Skate St. Paul USFS Competition

August 1-3: Robin Lee USFS Competition

August 22-24: Minnesota State Figure
Skating Championships (USFS)

October 5-8: Upper Great Lakes Regionals
(USFS)

Congratulations

Test Results



Katie Kurzejeski - Open Gold
Charlotte Meeks - FS1



(No USFS test results for February)

ROCHESTER HIAWATHALAND COMPETITION

Congratulations to:
Katie Kurzejeski and Ava Unowsky

DULUTH NORTHLAND COMPETITION

Skaters hit the road and represented SQSA Parade/Starlight at the Northland USFS Competition in Duluth. Congratulations to: Isabel Garcia, Grace Stoelzing, Sophia Heegaard and Ava Pihlstrom!

(See Page 3 for a recap of this exciting 'Road Trip')

FROSTY BLADES

23 skaters represented SQSA Parade at the Frosty Blades ISI Competition in Blaine.

GREAT JOB SKATERS!

Odeya Atar	Sophia Heegaard	Allison Pasdo
Kyle Berglund	Stella Jass	Ava Pihlstrom
Vanessa Bird	Bella Litecky	Vivien Pihlstrom
Alexa David	Olivia Litecky	Kate Rekas
Grace Goers	Elizabeth McClurg	Abby Richardson
Kirby Goodman	Sadie Nelson	Alessandra Scarpa
Izzi Gorowsky	Zarah O'Brien	Casey Schwarzkopf
	Greta Paschke	Grace Stoelzing

ANNOUNCEMENTS



INTRODUCING



SKATING BUDDIES

Everybody needs a buddy!
(And it's free)

SQSA is encouraging friendship and community among skaters with our buddy program. This is how it works. If a skater has contract ice, they can sign up to be a buddy to another club skater. This will give skaters the opportunity to warm up on their contract ice with their buddy. As an added benefit, buddies might even help with non-skating stuff.

We have asked our coaches to help pair up the skaters to assist with coordination of contract times, ability, and personalities. All you have to do is sign up!

Contact Community Building Committee Member, Jennifer Johnson if you have questions or need more information: joh02016@umn.edu.

A warm welcome to our new Club Member!

Sasha London

A HUGE SHOUT OUT TO KOREY STOELZING FOR ORGANIZING OUR CLUB EVENT:

STARS ON ICE

SQSA PARADE FAMILIES PURCHASED 100 TICKETS!

SO, IN ADDITION TO THE SPECTACULAR SKATING SHOW, OUR SKATERS RECEIVE AN AUTOGRAPHED POSTER, TICKETS TO WATCH WARM-UP ICE AND A 'MEET & GREET' PHOTO OPPORTUNITY WITH ONE OF THE SHOW SKATERS!

SUNDAY, MAY 4TH 4:00
SAVE THE DATE!!

SQSA PARADE TEAM SKATING

(Continued from page 1)

Pac-Man: Large Production Team

By Annique London

Twenty seven skaters ranging in age from 7 to 15 make up this Parade's Team Production number ensemble. The team, under direction of coaches Melissa Kaiser and Natalie Fredricks, has been working together Tuesday evenings since early January putting together the four and a half minute program. This year's theme, "Pac-Man", includes familiar characters from the video game including the Ghosts, Pac-Men, and the two young video-game controllers. The iconic Pac-Man video game sounds set the theme while the two young controllers "play" the game and suddenly find themselves inside the video game while the Pac-Men and Ghosts fight over the pac-dots, or "pellets".



The team has worked very well together on an extremely tight schedule. The wide age-range and levels of the skaters has created a really unique experience for everyone, as new friendships have been made this skating season. On Saturday, February 22, the team got a chance to try out the almost finished program at an exhibition at Parade. The weekend also included an extra practice at Richfield Ice Arena Sunday afternoon. The team is getting ready for the big debut at Blades of March on Friday evening, February 28th where they will compete against Apple Valley Sports Arena's Cirque du Glace in the Large Production Team category.

If you don't see the team compete at Blades of March, you'll have another opportunity during this year's Spring Ice Show. Congratulations to all the skaters and coaches for hours of choreography, costume designing, off-ice and on-ice practices.

Pixies: Small Production Team

By Raleigh Weld

The Pixies team represents the youngest of our SQSA skating family. There are nine Pixies on the team this year that range in level from Pre Alpha to Delta, and the youngest skater on the team is age six. Raleigh Weld coaches the team. This season, they are a Small Production Team, but they have also been a Synchro team, and an Ensemble team in previous years. The type of team and the events that the Pixies compete in depends on how many skaters sign up for the team each year.

In keeping with the Digital Ice theme for the ice show, this year the Pixies are skating a program inspired by the <3 (heart) emoticon! Pixies is a great way to experience a few competitions, do the ice show, and make some friends at the rink! And they are always a highlight for the audience to watch at the ice show! Kudos to the Pixies for all your hard work!



ROAD TRIP: Northland Competition Duluth

by Korey Stoelzing

Over the first weekend in February Grace Stoelzing, Ava Pihlstrom, Sophia Heegaard and Isa Kleinschmidt-Garcia all had the opportunity to participate in USFS' Northland Competition in Duluth. Despite the drive up to Duluth beginning in snowy weather, everyone arrived safely to the hotel Thursday night. After dinner at the hotel and a late night walk through the skyways of Duluth to check out the competition site, the girls were ready to go to bed—everyone had to be up early the next day for practice ice. ☺

All four girls skated their free skate programs and also competed in the compulsory event. Starlight Ice Dance club was well represented! The girls went away with 3 first place medals; 2 second place, 2 third place and 1 fourth place medal! It was a larger competition than they expected with lots of fun vendors to shop around and great skating to watch. Walking through the skyways (it took about 15 minutes to walk to the rink), shopping the vendors, getting medals and having pictures taken were some of the highlights. But most of all, the girls skated well, did their best, had fun together and formed some more great skating memories. Thanks Raleigh for taking us there!

SQSA PARADE – March & April (The Big Events!!)

SQSA PARADE PRESENTS:

DIGITAL ICE

39th Annual Spring Ice Show



PARADE ICE GARDEN
600 KENWOOD PKWY
MINNEAPOLIS, MN

FRIDAY, APRIL 25TH AT 7:30 PM

SATURDAY, APRIL 26TH AT
2:30 PM AND 7:30 PM

GOOD LUCK!



TO ALL
71 SKATERS
REPRESENTING
SQSA PARADE
AT
THE BIGGEST
AND
MOST EXCITING
ISI COMPETITION OF
THE YEAR!!



SQSA PARADE – Executive Updates

Letter from Club President:

Dear Skaters,

With our Blades of March competition on February 28 through March 2 fast approaching, I wanted to remind each of you how proud we are of your hard work and that we couldn't have picked a better bunch of skaters to represent SQSA Parade.

Your friendliness, energy and kindness make our competition a top stop on the ISI circuit attracting skaters near and far. Thanks in advance for reminding all of us the true meaning of sportsmanship and competition. Best of luck!



Note to Families: Look for the PICK-A-FLOWER Raffle table at Blades of March! This raffle is a fundraiser for SQSA Parade Figure Skating Club. It is open to anyone at the competition, and all proceeds will go directly to the Club for funding of future events and programs! The adorable, plush bendable flowers & souvenir pins are being sold for \$6 each. Great Prizes for 3 raffle winners. Thank you for your support!!

Warmly, Amy Pihlstrom

Letter from SQSA Director:

Greetings!

Welcome to the busiest and most exciting time of the year for SQSA!! The skaters are gearing up, the volunteers are prepping, and the coaches are coaching as everyone prepares for Blades of March and the Spring Ice Show!

There are some important items – please mark your calendars:

1) The Spring Ice Contract is out. Please note that the contract runs for 7 weeks, but you pay for only 6 weeks! This is to accommodate Spring Breaks from the various school districts since we know many families may miss a week of contract due to vacations. Revenue from Blades of March pays for the *Spring Break Week* of ice credit on the Spring Contract. This is NEW this year! Contracts are due on **Thursday, February 27.**

2) The Ice Show Practice schedule is out. Please mark your calendars for ALL of your practice dates. A high quality show depends on skaters being at all practices.

Thank you to all the volunteers at Blades of March, and good luck to all the skaters!

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FEBRUARY RAFFLE ACTIVITY!

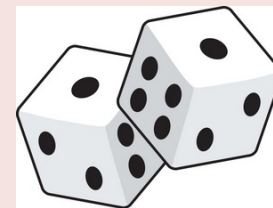
Please print this page and cut on the dashed lines. Then, complete the 'Word Search', answer the bonus question, and place your completed form in the **INSIDE EDGE** envelope near the Bulletin Board at the rink. Please make sure to include your first & last name. These 'Word Search' forms will be used for the February prize drawing. One form will be randomly selected from all entries. The winner will receive a 'fabulous' prize! Deadline for submission is Friday, Mar 14th. Please remember that the more times you participate by entering a monthly raffle, the more chances you have to win the Grand Prize at the Spring Banquet. Each time you enter one of the Inside Edge monthly Raffles, your name is added to the Banquet Raffle – so, your name could be in Grand Prize Raffle up to 5 times if you participate in all 5 monthly contests!! Good Luck!!!

Name: _____

Word Search Game - Figure Skating

D J J T Z E S E C E V W O H C L A S E H F N H T C F V Q H G L H V Q G V G W C J G C B H R W P L O A S E L C R I C M Q A Z X F C Z X U I C I K S N O I L L A D E M X O D V C T V T Z F F R C O M B I N A T I O N X Q X F A U W Z S T E D R S T T L K X K I S U D W G I M Y L L S G C O E W B V S R R C A S H T N I A M E I U R C C Z M N W O J O D A R Z A O J X L S F A E F K T P Q W X M R I C E D A N C I N G I K B Y E U Q T A P U P O E F V H I Z R R P G K T Y R L O C U P S G D X T U W P G N A J U T T G S O C L L K H A A B O N N S Q I H S R F I F F O S E A T L E X Y T A K L U P O X E C R Z U O U T Y B F S E D P W G E R S L E S I Q N R H E N O C R Q L G A K S M G G H V R O T Y T S M R O I R H S H U M C A A N K W Q E N E I C D P A Q C D O K B M V C Q I I R R G T P F Y Z P X G M M K G A R X O X Y J S W L J P H E R K W R E U A B A N I Z K L H Z R O S L R X J I J U M P S N I P S B V F O	AXELS CAMELSPIN CHOCTAWS CIRCLES COMBINATION COMPULSORY COUNTERS FIGURES FLYINGSPIN FOOTWORK HYDROBLADE ICEDANCING INABAUER JUMPS LIFTS LUTZES MEDALLIONS MOHAWK PAIRS QUADRUPLE ROCKERS RITTBERGER SALCHOW SKATES SPINS TWIZZLES
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BONUS QUESTION: What is a Rittberger? _____



SQSA Parade skating moms supported their skaters and SQSA Parade during an evening of BUNCO hosted by Kari Sterling and Korey Stoelzing! The food was fabulous, and the evening was great fun. And what a great cause – to benefit SQSA Parade Figure Skating Club!

This social event was one of the items offered at the club's Silent Auction in December. The BUNCO event raised \$300 of the \$2000 total funds raised in the Auction. This was the single highest grossing item at the entire auction!

Many thanks to the gracious hosts!!

And the Winners from the January Raffle are:

- Allison Pasdo
- Dana Smith
- Sasha London
- Vanessa Bird
- Kirby Goodman

CONGRATULATIONS!

Winners, ask your coaches for your USFS Sochi T-Shirt. The shirts are being held in the coaches' room.

Stay Informed:

SQSA Parade Club emails:
 (Watch your inbox)
sqsaparade@gmail.com

SQSA Parade website:
www.sqsaparade.com



Follow us on Facebook [here](#)

Message from Editor: Thank you so much to all the contributing writers and photographers! For next month's issue, **we need Blades of March event photos!** Performances, behind the scenes, volunteers, decorations – all photos are welcome!

The newsletter is published monthly, but publish dates vary depending upon test, competition and other major event dates. Please forward news to terryrichardson@gmail.com.

Also, please contact Terry if you spot any errors or omissions. Print deadline for March edition is 3/19/2014.