PARADE

SportQuest Skating Academy

Helpful Info & Resources for Learn to Skate Classes

General information is available under the "Learn to Skate" tab at sqsaparade.com. Follow us on Facebook for information, reminders, links to skating articles, etc. Our page is https://www.facebook.com/SQSA-Parade-127204893985209/

Questions - email sqsaparade@gmail.com

Rink location - classes are held in the Studio rink in the South rink at Parade Ice Garden, 600 Kenwood Parkway, Minneapolis. The studio rink is located just inside the left hand set of doors at Parade.

Arrive early especially on the first day of classes to allow time to get skates on, and extra early if you need rental skates.

Check in - We will have a check in table the first 2-3 classes. Stop and pick up your student's name tag. Keep the name tag and bring to class each time. We suggest clipping it onto your skate laces or helmet strap when you finish each week.

What to wear - The rink is cool, even in warmer months. Dress your child in layers. Snow pants or sweatpants work well. Jackets that allow free movement of the arms are best. We recommend mittens or gloves.

Helmets - We strongly recommend them. Your child's bike helmet will work well. We do not have rental helmets or extras. If you choose not to wear a helmet, a thick or double stocking caps provides warmth and some protection.

Parents/Guardians - We have found over the decades we have taught classes that children do best when parents are not inside the rink. There is great viewing from the lobby through the glass.

Evaluations - We will do a brief evaluation during the first session to assure correct class placement and a full evaluation at the last class to determine level and recommendation for future class placement.

Photography - we occasionally take photos to post on our Facebook page or website. Let us know if you prefer we not use photos with your skater's likeness.

Skates - figure skates or hockey skates are fine. We don't allow double blades as they don't allow us to teach proper technique.

Rental skates - we have a limited number of rental skates adequate for beginners for \$2.00 per class. There is competition for them during classes. Arrive early if you need rental skates, especially the first day of class to allow time for sizing. If you have the means, consider purchasing new or used skates. Below are suggestions for purchasing skates.

SQSA Parade Buy/Sell Facebook page - buy/sell skating items. Search *SQSA Parade Online Skate* + *Dress Sale* and request to join. If not on Facebook we will post or item. Email photos, sizing, condition & asking price to sqsaparade@gmail.com.

Several local retailers sell new skates and some sell used skates or have have consignment shops.

General Sports (Braemar Rink location for figure skates)

http://www.generalsportsmn.com/

7501 Ikola Way Edina, MN 55439

612-925-1333

General Sports (Edina location for hockey skates)

5025 France Avenue S. Edina MN 55410

612-925-4010

Westwood Sports (figure & hockey skates)

http://www.westwoodsports.com/

14805 Granada Ave Apple Valley, MN 55124

(952) 431-5590

Play It Again Sports – multiple locations

Instant Replay Sports - Burnsville

Dick's Sporting Goods (seasonally) – multiple locations

Pierce Skate & Ski (figure skates)

http://www.pierceskateandski.com/

208 West 98th St

Bloomington MN 55420

952-884-1990

Strauss Skates (Figure & hockey skates

http://www.straussskatesandbicycles.com/

1751 Cope Ave E.

Maplewood, MN 55109

651-770-1344

Total Hockey - Multiple locations (hockey skates):

14200 Wayzata Blvd

Minnetonka MN 55305

4210 W. 78th St.

Edina MN

14150 Nicollet Avenue S

Burnsville MN 55336

Annual Skate Sale – SQSA has an annual fall sale for buying and selling used items. An email will be sent to current learn to