



www.sqsaparade.com

Fall 2010 Learn to Skate Program

10 Class Sessions start Oct 02, 2010

At PARADE ICE GARDEN

MINNEAPOLIS, MN

Saturday: 10:00AM-12:00PM Starts 10/02/10 * No class 11/27/10
Tuesday: 5:30PM- 7:00PM Starts 10/05/10 * No class 11/23/10

Class Descriptions:

Tots: Basic skating / standing skills for children ages 3 – 5.

Pre-Alpha: Two foot glides, one foot glides, forward swizzles, backward wiggle, and backward swizzles for children ages 6 – 12.

Alpha: Forward stroking, forward crossovers, snowplow stop.

Beta: Backward stroking, backward crossovers, t-Stops.

Gamma: Outside 3 turns, Mohawks, two foot hockey stop.

Delta: Outside / Inside edges, inside 3 turns, bunny hop, lunge / shoot the duck.

Adult: for teens / adults of all levels.

- TESTING WILL BE HELD THE LAST DAY OF THE 10-WEEK PERIOD -

- Skaters are encouraged to wear helmets
- Beginner skaters are encouraged to wear GOOD, LEATHER FIGURE skates. **SKATES MAY BE RENTED FROM PARADE ICE GARDEN. No double blades.**
- **Parents are not allowed on the ice during instruction or IN the Studio rink while classes are in session. Classes may be viewed from the lobby.**
- No refunds, unless class is cancelled due to low enrollment
- Skaters will be evaluated on the first day of class to ensure that they have been registered for the proper level.

ALL CLASSES HELD IN THE STUDIO RINK, PARADE ICE GARDEN, 600 KENWOOD PARKWAY, MINNEAPOLIS MN 55403 (JUST WEST OF THE MPLS SCULPTURE GARDEN AND WALKER ART CENTER)

I HAVE SIGNED UP FOR _____(Day) Class Level _____ Time _____

Keep this half for your records.

Class Level	Day/Time offered	Cost for 10 week session	Check to sign up
Pre Alpha & Alpha (circle one)	Tuesday 5:30-6:00 pm	\$100.00	
Alpha & Beta (circle one)	Tuesday 6:00-6:30 pm	\$100.00	
Adults	Tuesday 6:30-7:00 pm	\$100.00	
Tots	Saturday 10:00 – 10:30 am	\$100.00	
Pre-Alpha	Saturday 10:30 – 11:00 am	\$100.00	
Alpha	Saturday 11:00-11:30 am	\$100.00	
Beta	Saturday 11:30-12:00 pm	\$100.00	
Gamma & Delta (circle one)	Saturday 11:30-12:00 pm	\$100.00	

Fall Session Total \$ _____

Skater's Name: _____ Age: _____

Parent(s)/Guardian Name(s): _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Other Phone (Cell) _____

Email Address: _____

I skate in this class at my own risk and hereby release ISI, the host facility and their officers, directors, instructors, and personnel from all liability. I declare that the information above is true.

Signed: _____(parent/guardian) Date: _____

Send this form and full payment to:

SQSA's Skating School

Care of: Raleigh Weld,

Parade Ice Garden

600 Kenwood Parkway

Minneapolis, Minnesota 55403

Email: rweld@sqsaparade.com

Phone: 612-370-4846 (extension 3)