## **SQSA Parade Visitor Information**

SQSA Parade is based at: Parade Ice Garden 600 Kenwood Parkway Minneapolis MN 655403 www.sqsaparade.com sqsaparade@gmail.com

Parade Ice Garden has 3 sheets of ice:

North rink: 200 x 85 South rink: 200 x 85 Studio rink: 96 x 56

Rink phone: 612-370-4846

Parade ice Garden is located on the edge of downtown Minneapolis with a spectacular skyline view, close to the Minneapolis Sculpture Garden and Walker Art Center, downtown, uptown, several restaurants and highways 94, 394, 100 and 35W. There is plenty of free off street parking.

## Visitors from out of town may choose to stay at one of these popular areas:

**Downtown Minneapolis**: Dozens of hotel options from mid-price to luxury. See: <u>Downtown Minneapolis</u> or <u>Minneapolis Visitor Info</u>

**West End**: A five minute drive from Parade, this area filled with hotels, shopping and restaurants. From your hotel you can walk to all of the area. Mid-range hotels including many suite options. Hop on 394 and you'll be at Parade in 2 exits! See: <u>Discover St. Louis Park</u>

**Mall of America**: A 20 minute drive from Parade. A complete and total entertainment experience. Over 500 stores, restaurants, theaters, Sealife Aquarium, comedy club and the indoor amusement park, Nickelodeon Universe. See: Mall of America

## Some suggested activities in the Parade area:

Green Bikes: Hop on and explore. Bike stands throughout the city. See: Nice Ride Green Bikes

**Walk the Lakes**: We are the city of lakes and they are unlike any metro lakes you've probably ever seen. The lakes area begins about a half mile from Parade. There are walking and biking trails, boat and paddle board rental and much more. See: Minneapolis Lakes Area

**Downtown Minneapolis**: A 25 minute walk or five minute drive. Dozens of outdoor restaurants, shopping, entertainment district, Minnesota Twins and Vikings stadiums, Guthrie Theatre and Mississippi Riverfront, just to name a few. See: <a href="Downtown Minneapolis">Downtown Minneapolis</a>

**Uptown**: Hip, trendy and funky, Uptown is filled with unique shops, rooftop restaurants and great people watching. Set your map to "Lake St. & Hennepin" for the heart of uptown. See: <u>Uptown</u>

**Arts Scene**: We are a destination for art and museum aficionados. Some of the most popular are Minneapolis Institute of Art, (free admission!), Walker Art Center and Sculpture Garden, Weisman Art Museum, The Museum of Russian Art, American Swedish Institute.

**Theater:** Fun fact. We are second only to NY in the per capita number of theater tickets sold. The Minneapolis Theatre District is a five minute drive from Parade and hosts Broadway touring shows and concerts.

Mall of America: See above